



PROGRAMMES

Advance Care Planning Introduction

Duration 1.5 hours



An introduction to NI's Advance Care Planning Policy and its 4 key components:

PERSONAL - LEGAL - CLINICAL - FINANCIAL

Practical guidance on how to ensure your preferences are known.

Final Chapters

Duration 2.5 hours



Improves knowledge and understanding on palliative care and end of life care.

Encourages:

- Informed choices about future care plans
- How to support people impacted by death, dying, caregiving and bereavement

Compassionate Conversations

Duration 2 hours



Builds capacity to have 'tender' conversations.

- Learn the importance of compassion
- Develop deep listening skills
- Build confidence in becoming an active citizen and maintain healthy boundaries

Compassionate Neighbours

Duration 2 hours



Empowering active citizenship

- Understand the needs of people impacted by advanced illness and frailty
- Build confidence to offer support that helps to reduce feelings of social isolation and loneliness



Compassionate Communities NI

For more information please contact
info@compassionatecommunitiesni.com
www.compassionatecommunitiesni.com



With communities, our programmes empower social and practical support to help us live well until the end of life.

Programmes are underpinned with:

- Kindness and compassion
- Active citizenship
- Health promotion

