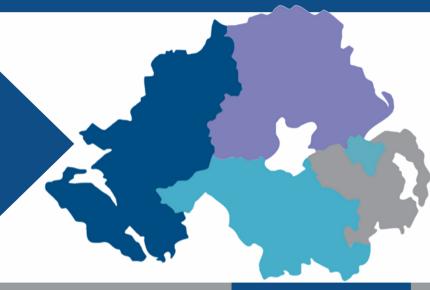


# Compassionate Communities NI

Living as well as possible until the end of our lives

#### **About Us**

Compassionate Communities NI is a partnership of organisations and individuals, across all sectors, who want to improve the experiences of death, dying and bereavement for everyone in Northern Ireland.



#### Death is a social issue

In Northern Ireland, approximately, 17,000 people die every year. Sadly, a person living with advanced illness or frailty can experience a 'Social Death' long before their biological death.

It is estimated that for every person who dies, 9 people are directly affected by bereavement.

# Support

We all have capacity to support people in a time of crisis, at end of life and for those who are bereaved.

# Compassion influences health outside of healthcare

Palliative
Care
Specialist

GP

District
Nurse

friends or alone.

People living with advanced illness and frality spend <u>ONLY 5%</u> of their time with healthcare professionals.

95% of their time is spent with family,

Person living
with life
limiting
illness/frailty

Uncle Spiritual leader

ece Neph

y



Cousin



www.compassionatecommunitiesni.com info@compassionatecommunitiesni.com

#### **Our Mission**

To build capacity in communities to increase resilience and compassionate action when dealing with death, dying and bereavement.



#### How we do it

## **Death Literacy**

Improve death literacy through awareness and education about caregiving, death, dying and bereavement.

## **Death Preparedness**

Increase death preparedness by planning for the important elements of end of life care.

# **Community Development**

Co-design community support that address the social and practical needs of those people impacted by death, dying and bereavement.

Our programs support the importance of social support and community involvement in achieving health and wellbeing up to and including end of life through:

- Kindness and compassion
- Active citizenship
- Social inclusion



For more information please contact info@compassionatecommunitiesni.com











